

WEDNESDAY (beginning 7/6)

LOCATION: Youth Center (200 Prospect Ave.)

TIME: 6pm – 7pm

THIS IS A PARENT PARTICIPATION PROGRAM

Parents will stay with and participate along side the child at all the stations!

1. FUN



2. SOCIALIZE



3. SKILLS



Discipline- we're the good guys. You will see us give a lot of high fives. If there is a discipline problem, parents please take care of the issue.

Nametags- will be color coded. The color tells you what station you will start at for that day

Siblings are welcome to help parents out but they must not interfere with other children attending the class

Standard Start Smart Schedule

Week 1: Introduction and Program

Review, Skill Development

Exercises

6:08- Preview of Exercises

6:15- Skill Development Exercises
(4 eight minute stations)

Week 2-5: Skill Development

Exercises

6:50- Large Group Activity

Week 6: Mock Game,

Supplementary Activity, Party

5:55- 6:08 – Get name tag, PLAY!